



THE PERCENTAGE OF COOKIEMAG.COM POLL RESPONDENTS (WITH CHILDREN OLD ENOUGH) WHO SAY THEIR KIDS LOVE BEING THE PHOTOGRAPHERS ON FAMILY VACATIONS.

ASK THE EXPERT

ANITA KAUSHAL

"If we're flustered while traveling, the kids will be, too," says Kaushal, author of family-travel book *Together We Go* (Crown). She and her husband, Bittu, take their children, Millie, 8, and Marnie, 5, on six trips a year. Below, her tips for averting meltdowns. —Sarah Engler



GIVE THEM A JOB

"On a long journey, we give the kids the camera, so they're less cranky. They have a different eye and take much better photos than I do." PowerShot A480, \$130, canon.com.



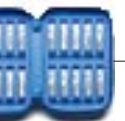
INVENT GAMES

"While waiting in the airport-security line or at the gate, I tell the children to draw people they see. Sometimes we turn it into a competition." Colored pencil kit, \$14, creativekeiki.etsy.com.



PACK PEACE OF MIND

"Don't always worry about the kids getting ill—they usually won't. Just be ready, so if they do, you can deal with it, then forget it." Homeopathic kit, \$65 for 20 remedies, Boiron, ehealthland.com.



(word of mom)

EASY RIDER

"The Quinny Zapp [\$170, albeebaby.com] is the best stroller to travel with. It's super-compact when folded, and so lightweight and easy to maneuver. I can drink a coffee with one hand and turn it 360 degrees with the other. My 2-year-old son is constantly falling asleep in its roomy seat." —Dahlia Jiminez, Sacramento, California



THE BREAKDOWN

- 1 The Zapp weighs only 18 pounds but is especially durable, thanks to its aluminum frame and machine-washable nylon seat.
- 2 Folded, the stroller is a foot tall and just over two feet long.
- 3 It comes with a travel bag you can sling over your shoulder. —Lily Fleishman



For reviews of more than a dozen strollers road-tested by urban and suburban parents nationwide, go to cookiemag.com/go/strollers.

FAMILY PHOTOGRAPH COURTESY OF ANITA KAUSHAL; ALL OTHER PHOTOGRAPHY BY DIANE FIELDS